

USING PREPARE/ENRICH IN GROUPS

PREPARE/ENRICH is a great tool to add to your relationship enrichment groups. Whether your group follows what is outlined in the ***PREPARE/ENRICH Group Program Instructor's Guide*** or your own curriculum, a personalized assessment gets couples interested and engaged in the topics that will be addressed.

Couples pay attention when content applies to them, which may be one of the reasons that assessment has been shown to increase the impact of relationship programs by 30%.

6 EASY STEPS FOR IMPLEMENTING GROUPS

1. Choose a leader or team leaders to facilitate your group (marriage ministry leaders or marriage mentor couples often lead these groups).
2. Decide whether you would like your group to meet weekly or presented as a half-day, day or weekend intensive.
3. If meeting weekly, how many sessions will you have? If presenting the program as an intensive, how many hours will you devote to the program?
4. Based on the number of sessions/hours determine which lessons will be covered. The PREPARE/ENRICH Group Program's Instructor's Guide outlines 10 sessions including an introduction and wrap-up session. Each session can be covered in an hour.
5. Set a date for the group's initial meeting. At this meeting, you may choose to have couples weigh in on meeting dates, times and topics they would find most interesting or helpful.
6. Let couples know about the group. Post flyers around your place of worship/community, newsletters, the web including social media sites.

For information on using PREPARE/ENRICH in small groups, marriage mentor programs, or our specialized versions (Adoption/Foster Care, Parenting), visit our website or contact the PREPARE/ENRICH Office.

Thank you for partnering with us to help build strong marriages!